

HAPPY
EASTER



At each station, you can choose to follow one option or the other depending on your faith.

Also at each station, you can collect an egg. At the end, you will need to have collected 15 eggs to collect a small prize at the end.

We hope you enjoy the experience as you wander and reflect.

**Christian Playlist
Apple**



Spotify



**Non-Christian Playlist
Apple**



Spotify



Station 1 - Christian Facing Judgment

† “People look at the outside of a person. But the Lord looks at the heart.”* – 1 Samuel 16:7

Judgement – When someone decides something is right or wrong, or if a person did something good or bad.

Stand tall and still like a soldier at attention. .
Imagine Jesus standing brave while people said mean things.

Think: Jesus stood still while others judged Him.
Even when we are misunderstood, Jesus understands us.

♪ Superhero– Hillsong Kids



Station 1 – Non-ChristianBased

Standing Tall (Facing Judgment)

Judgement – When someone decides something is right or wrong, or if a person did something good or bad.

Stand tall and still like a soldier at attention. Imagine Jesus standing brave while people said mean things.

Reflection: Standing tall even when others don't understand you shows strength. When have you stood up for yourself or someone else?

♪ “Brave” – *Sara Bareilles (Kidz Bop version)*



Station 2 - Christian
Jesus Takes Up His Cross

† “Anyone who wants to follow me must take up their cross and follow me.” – Mark 8:34

Think: Jesus carried a heavy cross. Sometimes we carry heavy feelings too.

Pick up a bag, backpack, or pillow and carry it across the room. Jesus, help me when things feel too big to carry.”

♪ My God – Go Fish



Station 2 – Non-Christian Based

Taking on a Challenge

Activity: Hold a small weight or object and walk.

Reflection: Life can feel heavy, but you're stronger than you think. What's something tough you did recently?'

♪ "Try Everything" – *Shakira (Zootopia Soundtrack)*



Station 3 – Christian
Jesus Falls the First Time

† “The Lord helps those who fall.” – Psalm 145:14

Kneel down as if you fell. Stay low, then slowly rise up. “Jesus, help me try again when I fall down or mess up.”

Think: Jesus got back up. We can too.

♪ Brave – Saddleback Kids



Station 3 – Non-Christian Based

First Fall

Activity: Kneel down, then rise.

Reflection: Falling isn't failing. It's learning. What did a mistake teach you?

♪ "Roar" – *Katy Perry (Kidz Bop version)*



Station 4 – Christian
Jesus Meets His Blessed Mother

† “Honour your father and mother.”* – Exodus
20:12

Think: Mary stayed close to Jesus even when it
was hard. “Thank You, God, for people who love
me and help me keep going.”

Place your hand over your heart.

- ♪ As the World Shakes – Hillsong Kids



Station 4 – Non-Christian Based Encouragement from a Loved One

Activity: Hand on your heart.

Reflection: Love and support give you strength to keep going. Who is always cheering you on?

♪ "Count on Me" – *Bruno Mars (Kidz Bop or original)*



Station 5 – Christian
Jesus Carries the Cross

† “Carry each other’s burdens.”* – Galatians 6:2

Think of a friend who might be feeling sad or left out.

Whisper their name and say: “Jesus, help me show love to them this week.”

♪ This Little Light of Mine – Listener Kids



Station 5 – Non-Christian Based Helping Others Carry Their Load

Activity: Think of someone who might need support.

Reflection: Helping others makes the world better.
Who can you reach out to this week?

♪ "Lean on Me" –Kids United version



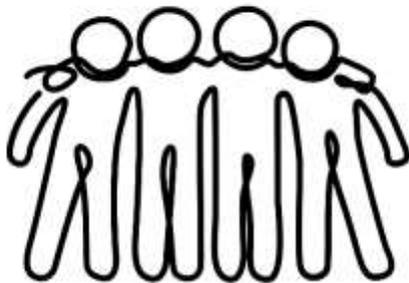
Station 6 – Christian
Veronica Wipes Jesus' Face

† “Be kind and loving to each other.” – Ephesians 4:32

Think: A small act of kindness made a big difference to Jesus. “Jesus, show me how to be kind like Veronica.”

Use a wet wipe or cloth to gently wipe your face.

♪ Love One Another – Little Praise Party



Station 6 – Non-Christian Based
Small Acts of Kindness

Activity: Wipe your face gently with a cloth.

Reflection : Kindness can be small—but powerful.
What kind act can you do today?

♪ Try a Little Kindness – Glen Campbell



Station 7 – Christian

Jesus Falls the Second Time

† “God’s power is made perfect in weakness.” – 2 Corinthians 12:9

✍ Write or draw something that was really hard for you this year. Fold it and pray: “God, thank You for helping me grow.”

Put it in a shredder as a way to let it go.*

♪ No Matter What I Know – Orange Kids Music



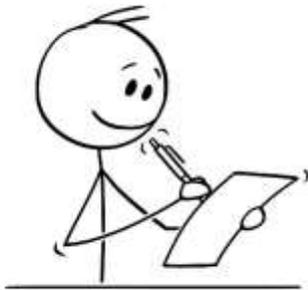
Station 7 – Non-Christian Based

Learning from Mistakes

Activity: Write a mistake, fold the paper, then tear it up/shred it.

Reflection: Let go of your mistakes—they help you grow. What new thing can you try now?

♪ "The Climb" – *Miley Cyrus (clean version / Kidz Bop)*



Station 8 – Christian

Jesus Meets the Women of Jerusalem

† “Weep with those who weep.”* – Romans 12:15

Hold a tissue and think about someone who is hurting.*

Pray: “Jesus, help [name] feel Your love today.”

Put the tissue in your bag or pocket to remember them this week.

♪ Let Your Light Shine - Hillsong



Station 8 – Non-Christian Based
Caring for Others' Sadness

Activity: Hold a tissue, think of someone struggling, then keep it in your pocket.

Reflection: Caring hearts make the world gentler.
Who needs a kind word from you?

♪ "You've Got a Friend in Me" – *Toy Story
Soundtrack*



Station 9 – Christian
Jesus Falls the Third Time

† “I can do all things through Christ who gives me strength.”* – Philippians 4:13

Lie down for 10 seconds, like you're really tired.
Then get up slowly.*

Think: Jesus never gave up. We don't have to either.

“Jesus, help me get back up when I want to quit.”

♪ One Way – Hillsong Kids



Station 9 – Non-Christian Based

Feeling Exhausted

Activity: Lie on the ground, then rise slowly.

Reflection: Rest, then rise—your strength returns.
What helps you bounce back?

♪ "Fight Song" – *Rachel Platten (Kidz Bop or original)*



Station 10 – Christian
Jesus is Stripped of His Clothes

† “The Lord is close to the brokenhearted.”* –
Psalm 34:18

Close your eyes and imagine Jesus beside you
right now.

Think: He is with you when you feel left out or
embarrassed.

“Jesus, thank You for staying with me, always.”

♪ Wherever You Go – Saddleback Kids

FAITH
OVER
FEAR

Station 10 – Non-Christian Based
Letting Go of Fear

Activity: Close your eyes and take a deep breath.

Reflection: Let go of fear—be brave and be you.
What makes you unique?

♪ “This Is Me” – The Greatest Showman (Clean Kids Version)



Station 11 – Christian
Jesus is Nailed to the Cross

† “Greater love has no one than this: to lay down one’s life for one’s friends.”* – John 15:13

Place your palms flat against a wall. Hold them there for a few seconds.

Feel: Jesus chose to love us no matter what it cost.

“Jesus, thank You for choosing to love me.”

♪ Jesus Loves Me – Listener Kids



Station 11 – Non-Christian Based Commitment and Courage

Activity: Press your palms gently against a wall.

Reflection: You're brave when you stick to what's right. What do you believe in?

♪ "Hall of Fame" – *The Script ft. will.i.am
(Clean/Children's version)*



Station 12 – Christian
Jesus Dies on the Cross

† “Blessed are those who mourn, for they will be comforted.”* – Matthew 5:4

Bow your head in silence for 20 seconds.

If you're with family, you can take communion or say thank you to Jesus together.

“Jesus, thank You for dying for us.”

♪ Story of the Cross – Rend Co Kids



Station 12 – Non-Christian Based

Taking Time to Remember

Activity: Bow your head in silence.

Reflection: Quiet helps us feel, remember, and grow. What are you thankful for?

♪ "Somewhere Over the Rainbow" – *Israel Kamakawiwo'ole (or a soft instrumental kids version)*



Station 13 – Christian

Jesus is Taken Down from the Cross

† “Blessed are those who mourn, for they will be comforted.”* – Matthew 5:4

Light a candle (or switch on a battery candle) to remember someone you love who has died.

“Jesus, thank You for loving them. Help me remember them with love.”

♪ He Knows My Name – Francesca Battistelli (quiet reflection)



Station 13 – Non-Christian Based
Honoring Someone You Miss

Activity: Light a candle or draw one.

Reflection: The people we love live on in our memories. Who do you carry in your heart

♪ "You Will Be Found" – *Dear Evan Hansen (Kidz Bop version if available)*



Station 14 – Christian
Jesus is Laid in the Tomb

† “Be still and know that I am God.”* – Psalm 46:10

Stand quietly. Take 5 deep breaths.

Think: After hard things, God gives us rest and healing.

“Jesus, help me rest in You.”

♪ Peace Like a River – Listener Kids



Peace

Station 14 – Non-Christian Based

Rest and Peace

Activity: Stand still, breathe deeply.

Reflection: Peace and quiet are good for your heart and mind. What brings you peace?

♪ "Peace Like a River" – *Traditional (Cedarmont Kids or similar)*



Station 15 – Christian The Resurrection

† “He is not here; He has risen!”* – Luke 24:6

Hold a small rock in your hand. Feel its weight.

Now place it down. That’s the stone Jesus rolled away.*

Say out loud: “Jesus is alive!”

♪ “Happy Day” – Yancy



Station 15 –Non-Christian Based

A New Beginning

Activity: Pick up a stone and then place it down.

Reflection: Every day is a fresh start—full of hope.
What dream or goal are you ready to chase?

♪ "A Million Dreams" – *The Greatest Showman
(Kidz Bop or original)*



