

# War & Natural **disaster**



Toolkits of ideas for working teams

Importance of Preparedness for Natural Disasters	3
Ongoing Conflicts Worldwide	4
Recent Wars & Natural Disasters	5
Initial Recommendations	6
Insights from Ukraine Evacuees and Occupied Territories	7
Practical Suggestions	8
Tips from Women for Women	9
Additional Lessons from Ukraine	9
Things to Do Differently	10
Lessons from the Ukraine Sports Movement	11
Phases of Rescue, Restore, Rebuild	11
Vulnerable Groups in Emergencies	12
Caring for Active Leaders	13



# War & Natural **disaster**

## **Importance of Preparedness for Natural Disasters**

Preparing for natural disasters is crucial because they can strike suddenly, causing widespread damage and loss of life. Being prepared helps minimize risks and ensures a quicker recovery for individuals, families, and communities.

# Ongoing Conflicts Worldwide

Global conflicts continue to escalate due to various factors, such as territorial disputes, corruption, and climate change, leading to humanitarian crises and displacement.



# Recent Wars & Natural Disasters

Ongoing conflicts like the Ukraine-Russia conflict and recent natural disasters like volcano eruptions, hurricanes, earthquakes, and cyclones highlight the need for preparedness and effective response.



# Initial Recommendations

- Establish a Quick Response Team (QRT) for efficient coordination.
- Create emergency "Go Bags" for each family member with essentials.
- Prioritize the evacuation of vulnerable groups.
- Maintain full fuel tanks in vehicles and discuss multiple evacuation routes.
- Compile lists for transportation, evacuation, and essential contacts.
- Stock provisions like generators, fuel, medicines, water, food, and essentials.





## Insights from Ukraine Evacuees and Occupied Territories

- Anticipate and prepare for the worst-case scenario.
- Ensure infrastructure readiness with generators, fuel, and supplies.
- Develop a communication plan, including walk-ie-talkies.
- Decide who will remain to serve the population under different conditions.
- Encourage people to have evacuation plans, especially in high-risk areas.
- Prioritize evacuation of vulnerable groups.

# Practical Suggestions

- Stock fuel canisters and power banks.
- Avoid acting alone, share your plans, and avoid military attire.
- Protect children with contact information on clothing and in pockets.
- Use multiple SIM cards from different providers.
- Avoid posting sensitive information during emergencies.
- Set up coordination headquarters and provide necessary resources.
- Prioritize medical supplies for severe bleeding in active war zones.
- Be financially cautious during evacuation.
- Stay in touch with international contacts for support.
- Prioritize children's safety during evacuation.





# Tips from Women for Women

In occupied territories, women and girls can deter violence by pretending to be ill or defecating on themselves, which has proven effective but distressing.



## Additional Lessons from Ukraine

Respond promptly, treat refugees with respect, connect through shared beliefs, and listen to their stories. Support leaders and organize resources effectively.

# Things to Do Differently

Involve the team more, be cautious with photography, and focus on assistance. Maintain records from the start, rent a warehouse early, and consider local food purchases.



# Lessons from the Ukraine Sports Movement

Ukraine's sports movement demonstrates resilience, unity, and a commitment to youth development, serving as a model for promoting diversity, inclusion, and healthy lifestyles.



## Phases of Rescue, Restore, Rebuild

The framework includes the Rescue Phase (saving lives), Restore Phase (stabilizing and aiding), and Rebuild Phase (reconstruction and long-term recovery).



## Vulnerable Groups in Emergencies

Besides women and children, vulnerable groups include the elderly, disabled, pregnant women, minorities, low-income individuals, and refugees. Planning must prioritize their unique needs for an inclusive response.

# Caring for Active Leaders

Leaders can prevent burnout and family conflicts by practicing self-care, delegating tasks, seeking support, and maintaining open communication. Recognizing signs of burnout and promoting empowerment are crucial during high-stress situations.



# Working Team Toolkits

Bible Handling  
Disciple Making  
Sports Stadium  
Effective Facilitation  
Intercultural Facilitation  
Physical Creativity  
Creative Process  
Team Writing  
Writing Curriculum  
Editing Resources  
Oral Learning  
Powerful Media

